

ACTIVITY!

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MAKE BRACTEATES

Norse craftsmen hammered images onto thin metal discs called bracteates. Archaeologists have found bracteates with images from Norse myths. In this activity, you are going to make your own.

1 Trace around the bottle cap on your paper. Make as many circles as you like.

2 Draw a design on the circle. Make it simple, because later you will be going over it with glue. Some ideas for designs are Thor's hammer or Odin's spear. Cut the circles out.

3 Go over the design with the glue pen, leaving a nice thick line.

4 Once your bracteates have dried, spread out your newsprint. Pour the paint onto the paper plate and paint your bracteates.

5 When your bracteates are dry, you can turn them into pendants. Take a twist tie and peel off the paper. Fold the tie in half and twist it to make a loop. Secure one to each bracteate with a piece of tape and thread yarn through the loop.

SUPPLIES

- ✦ bottle cap or similarly sized round object
- ✦ pencil
- ✦ heavy paper from recycled greeting cards
- ✦ scissors
- ✦ glue pen
- ✦ newsprint
- ✦ gold paint
- ✦ paper plate
- ✦ paintbrush
- ✦ twist ties
- ✦ tape
- ✦ yarn

