

WAKE AN

Egyptian headrests were made of many kinds of material. Most were carved out of wood. Pharaohs' headrests were often made of ivory or gold. The directions for this project call for gold spray paint, but you can decorate your headrest any way you'd like. You'll be using wire cutters and spray paint for this project so have a grownup nearby. This project is messy. Put plenty of newspaper on your work area.

1 You'll need two full-size sheets of newspaper for this step. First, fold the sheets lengthwise. Next, fold the sheets in half widthwise and then in half again. Keep folding until you have a strip that is about 3 inches wide and 12 inches long.

2 Roll the strip up into a tight, 3-inch-high newspaper log. Use some tape to keep the newspaper from unrolling.

3 Stand the newspaper log up on the middle of the craft board. Tape it to the board. This will be the stand for your headrest.

4 Cut your piece of wire. Be careful! The ends of the wire might be sharp. Bend the wire



Supplies

newspaper
masking tape
piece of wooden craft board, 5 inches by 7 inches
wire cutters
8-inch piece of a wire hanger
2 cups flour
1 cup of water
bowl
gold spray paint

into a crescent so that the ends line up with the ends of the craft board.

5 Wrap several pieces of newspaper around the wire. Secure the newspaper with tape. This piece is your headrest. Tape the headrest to the top of the stand.

EGYPTIAN HEADREST



6 Mix the flour and water in a bowl to make papier-mâché. If you run out of papier-mâché later on, you can make more by mixing two parts flour to one part water.

7 Tear several sheets of newspaper into strips. Dip the paper strips into the flour mixture.

8 Cover your stand and headrest with strips of papier-mâché. You'll need several layers to make your headrest strong. When you're done, let the project dry completely.

9 Finally, paint your headrest. When the paint is dry, you can try out your headrest! Do you think it will be more comfortable than your pillow?